

Enso Center - March 2022 Update

At Enso Center we have tried to stay consistent with the government recommendations for COVID.

On March 12th, 2022 we will no longer be required to wear masks or show proof of vaccination.

As we move toward a new normal I encourage people to still wear masks if they wish.

If you are having flu-like symptoms or know you have been exposed to a contagious person please attend through our continuing online classes. For those that are not comfortable working with others unmasked or inside we will still have outside individual mat space and online classes. It is our goal to make everyone feel as safe and included as possible.

If you have any questions or concerns please contact me, Jason Mix, at (425) 869-0276. If federal or local COVID recommendations change we will re-assess at that time.



On March 12th at 3:00 - 5:00pm we will finally be awarding belts and certificates for those that were promoted to black belt during the last two years. We will be inside and outside. Family and friends are welcome. We will also be doing a 4th degree black belt promotion demonstration in Hapkido for Matthew Amaral. This will include many chances for students to participate and see Kiwon Hapkido as well as some of its roots and related arts. Matthew always puts on a great show.

After the demonstrations we will be wishing Lucas Mix safe journeys and great happiness as he is moving to England. Come and hear about his recent activities as the NASA Blumberg Chair at the Library of Congress as well as the exciting work he is doing with ECLAS. He will be missed.