Hello Enso Center Students and Families,

It has been a crazy time. I hope you are well and finding new ways to connect and stay healthy.

At Enso Center, we have been offering several remote classes a day. I want to say thank you to all of you who have been attending these remote classes and invite others to join us at any time.

We offer Hapkido, Yoga, Tai Chi, and Weapons classes. And we just had our first Adaptive Hapkido class. It was an inspiration. We have also taught classes for people as far away as Belgium and Italy.

Our first remote promotion test was a huge success in May 2020. I want to thank the people that have been helping us coordinate all the moving parts that make these remote classes and tests possible.

I also want to say how thankful and appreciative I am for your continued and ongoing support of Enso Center whether you attend the classes or not.

All of our programs and classes would not be possible without your continued help. If you are able to support us through this unique and difficult time, we would be tremendously grateful. Your tuition during this time will be a tax-deductible donation. Enso Center is a 501(c)(3) non-profit educational organization (EIN: 91-1918720). Please check to see if your employer offers matching funds. If you are unable to continue your contribution please contact us at contact@ensocenter.org. Part of our mission is to provide classes and services to all who will benefit from them.

Everyone is welcome in our classes.

We are also working hard to be able to reopen. Please see the following links for Enso Center’s Stage 2 Reopening Plan and the Washington State Guidelines for reopening:

   Enso Center - Stage 2 Reopening Plan  
   WA State Reopening Guidelines - Fitness

It is unknown when King County will meet Stage 2 requirements, but we will be ready once it is announced, with plans and supplies in place. As I was writing this letter there was an announcement on reopening and it looks like it might be sooner than expected! King County has indicated that they will be applying for Stage 1.5 status in WA State’s Safe Start plan. It is basically a modified Stage 2, but with outdoor classes with 5 or fewer students. Since classes will be outdoors, we will need to maintain social distancing, but some of the more stringent requirements in Stage 2, where classes are indoors, may not be necessary. We will adapt as needed, bringing us together as soon as possible and in a way that King County regulations allow.

Grateful to be moving forward together,

Jason Mix

www.ensocenter.org